



CLUB VOLLEYBALL INFORMATION SHEET

What is club volleyball?

Club Volleyball is open to any girl interested in building their skills in a competitive environment. **This is a feeder program for Northwest High School**; however, we will let anyone tryout. Teams are decided based on age/grade and skill set. Girls go through a tryout process to test their passing, setting, hitting, and serving skills. Teams are then decided based on this.

Tryouts Sunday November 12th at Northwest High School

8th grade 1:00-2:30pm 7th grade 1:00-2:30pm 6th grade 3:30-5:15pm 5th grade 3:30-5:15pm

Last Season

During the 2023 club season we had the following 8 teams:

11 Black, 11 Gold, 12 Black, 12 Gold, 13 Black, 14 Black, 16 Black, 17 Black

Time Involved

The total amount of time involved depends from team to team. It depends on how far you want to travel for tournaments. This is decided by the team as a group. Most of the tournaments are on Saturdays/Sundays. Most tournaments start at 8am-2pm or 2pm-8pm. Tournaments are in Grand Island, Kearney, Hastings, Aurora, Lincoln, Omaha, Bellevue, etc.

Practices

Most teams practice at Northwest High School on Sundays for an hour and a half (we reserve the gym for you). Some teams will add an additional practice - getting a gym reserved at the high school can be difficult. Most teams will find another location to practice (Engleman, Shoemaker, 1R, Cedar Hollow, etc). This additional practice is arranged by each individual team. Sunday practices will start at Northwest **January 7th**.

Competition Dates

Teams usually start tournaments at the beginning of February and are done by April. This completely is determined by the teams - some teams will have more conflicts with basketball, dance, and gymnastics compared to others. Most teams will play in **5-6** tournaments.

Coaches

At the younger levels we often are looking for knowledgeable and willing parents to help with coaching. We do not have enough coaches at the high school to coach all of the teams involved. We can help you with your Sunday practices and give you ideas. If you know of anyone that is willing to help coach please let us know. We appreciate all of the parents that are willing to step up and help coach. It is because of you that we can have successful teams -- thank you!!

IVA Membership

We are a JVA registered club. What this means to you is that you **DO NOT** have to pay a regional player fee. JVA does <u>not</u> make each girl pay to play. Instead the team just has a fee (taken care of by the club director).

USA/Great Plains Membership

After teams have been selected and tournaments chosen, there are some optional Great Plains tournaments available to the higher skilled teams. These tournaments are in Lincoln/Omaha and require a second membership for EVERY girl, which costs \$65. There are also required ref/score trainings that are required of EVERY girl. Some years teams want to play in these tournaments, and some years they don't.

Costs: This year we will be charging \$325 per girl.

This will cover approximately **5-6** tournaments for the 2024 season. \$325 covers:

\$150 (5-6 tournaments at \$25 a girl) + \$50 (GI Vikes club fee) + \$10 (JVA fee) + \$20 (uniform) + \$75 (coaches/facility) + \$15 (miscellaneous costs/equipment) We try to keep our club affordable to all. If you are needing help - we will work with you.

Commitment

GI Vikes is a <u>commitment</u>. We know that everyone is busy between family, school, church, basketball, dance, work,etc.... Please make sure that this is something you can fit into your schedules. <u>If you commit</u> to a team you need to make sure that you can <u>fulfill</u> that obligation. Most of our teams only have about 9 girls on them so it is really hard to play if you have 4 people gone.

***Please let anyone know who didn't receive this mailing about this club volleyball opportunity. We <u>only have one tryout</u> - if your daughter can't be there <u>please talk to us ahead of time</u>. We want to give every girl a fair opportunity. Please feel free to share this information with your friends. We know there are girls who haven't played club before or didn't come to camp.

GI VIKES STAFF

Lindsey Harders - Club Director -- <u>lharders@ginorthwest.org</u>
Kelli Wemhoff - Assistant Club Director -- <u>kwemhoff@ginorthwest.org</u>
Kyla Fuchtman, Meredy Ernstmeyer, Haley Beckstead, and many other coaches



What to bring to tryouts

Parent and **PAYMENT**

\$325 (payable to GI Vikes)

we will only deposit if you make a team

Volleyball gear and water bottle

Medical Release/Waiver Form must be completed **ONLINE** this year.

Scan the code to complete



Complete the pre-registration information at

bit.ly/Vikes24

Please make sure you pre-register

**BEFORE NOVEMBER 12th

Don't forget to follow us on social media



<u>NEW THIS YEAR</u>

Medical Release & Liability forms are completed online. Scan the code to complete.



It will ask you for the club affiliation select "GI VIKES"

Club Director: Lindsey Harders

Club Director Email: lharders@ginorthwest.org

Club Selection

	Select Your Club *		
١	GI Vikes, Grand Island, NE	·	,
L			
	Not a JVA Member Club?		
	$\ \square$ My Club is Not in the List		
	f your club is not in the above dropdown list, your club is likely not a JVA member. Check "My Club is Not Listed" below. You will then need to enter your club, club		
director's name and their email to notify them that you've started the background screen process.		tify them that you've started the background screen process.	

Contact Information

Club Director Name •						
Lindsey	Harders					
First	Last					
Club Director's Email * Iharders@ginorthwest.org Are you registering as a coach or registering a player?: *						
				I am registering as a coachI am registering as a player		
2023-2024						